

## Resolution Solutions

It's another new year! If you haven't chosen a New Year's resolution yet, why not resolve to be energy fit? With our **FREE** products and services, this is one resolution that is easy to keep and will last through 2020 and beyond!

### Check out our FREE solutions!

1. **Save money with Usage Alerts.** Receive alerts about your energy use by text, email, phone or all three. Get an alert if you exceed a set amount of usage or cost, and receive notifications of changes in your daily energy use – then take steps to save.
2. **Save energy when you know your own power.** Thanks to your smart meter, Energy Manager lets you track your energy use right down to the hour. You can even categorize your energy use and receive energy-saving tips.
3. **Save time with our convenient payment options.** eBill lets you view, pay and store your bills online for easy access from anywhere. Add **AutoPay** and your bill will be paid automatically each month – you won't have to lift a finger.

Resolve to be energy fit in 2020! Visit [cmpco.com](http://cmpco.com) today to learn more.



## Energy saving tips for the new year

- Set your thermostat as low as your comfort and the safety of your family permits. Each degree above 68 degrees uses 3% more energy.
- Install a programmable or smart thermostat.
- Replace incandescent light bulbs with LEDs in your five most frequently used light fixtures.
- Look for the ENERGY STAR® label when shopping for electronics and appliances.



# Need assistance with your electricity bill? You may qualify for one of our programs

Are you or someone you know having trouble managing energy bills? We have programs available to help qualifying customers stay safe and warm this winter.

Make your appointment today for the **Home Energy Assistance Program (HEAP)** at your local Community Action Program (CAP) agency. Call 211 for the CAP agency in your area. This could be the gateway to help you – or someone you know – manage bills this winter.



## Storm safety

### Preparing ahead of time

We strive to deliver safe, reliable energy to you night and day, every day, all year round. But winter winds, ice and even snow can threaten electrical service and safety. Here are a few tips to help you and your family weather any storm:

- Sign up for our **FREE Outage Alerts** service to stay informed if you experience a power outage.
- Make sure your cell phones are fully charged.
- Have flashlights and fresh batteries handy.

Please visit [cmpco.com](http://cmpco.com) for more storm preparation information.



Ethan H., lineworker apprentice

## Your friends and neighbors at CMP

Meet Ethan, an apprentice in the lineworker program who is eager to begin his career. Ethan heard about the lineworker program in high school and decided to make a career working at Central Maine Power. "I want to continue living in Maine, and I can do that with CMP."

Many of the employees at CMP have worked in the company for years making a career of serving our customers. Learning programs like the one Ethan participated in, are available and can be a great beginning to a life-long career that makes a difference in the community.

Follow our **#IamCMP** series here or via facebook [@facebook.com/centralmainepower](https://www.facebook.com/centralmainepower) to meet more of our employees who are dedicated to serving you. **#IamCMP**